

| Name | Vorname | Verein | Jahrgang | Akklasse | Zeit | Platz |
|-----------------|----------------|--------------------------|----------|----------|---------|-------|
| Haus | Cedric Steffen | LC Diabü Eschenburg | 1981 | M35 | 0:54:29 | 1 |
| Kahn | Christoph | TuSpo Hörbach | 1979 | M35 | 0:54:39 | 2 |
| Klingelhöfer | Tobias | RSV Wommelshausen | 1981 | M35 | 1:00:09 | 3 |
| Bernhardt | Tim | | 1980 | M35 | 1:09:04 | 4 |
| Fabrizius | Andreas | TV Niederscheld | 1982 | M35 | 1:11:23 | 5 |
| Siegmund | Lars | SF Blau-Gelb Marburg | 1977 | M40 | 0:52:18 | 1 |
| Mühl | Marc | ASC Dillenburg | 1975 | M40 | 1:01:57 | 2 |
| Jacobi | Björn | SC Holzhausen | 1978 | M40 | 1:06:52 | 3 |
| Cyriax | Holger | Ultra Sport Club Marburg | 1976 | M40 | 1:14:37 | 4 |
| Wagner | Marcus | TV Gladenbach | 1973 | M45 | 1:01:33 | 1 |
| Oster | Andreas | TuS Deuz | 1969 | M45 | 1:08:36 | 2 |
| Huber | Florian | LC Diabü Eschenburg | 1964 | M50 | 1:03:37 | 1 |
| Wenzelmann | Jörg | SG Siegen-Giersberg | 1965 | M50 | 1:23:05 | 2 |
| Schmidt | Jürgen | SC Hirzenhain | 1957 | M60 | 1:14:55 | 1 |
| Ditsche | Reimund | SG Siegen-Giersberg | 1955 | M60 | 1:27:46 | 2 |
| Heine | Bodo | ASC Weißbachtal | 1951 | M65 | 1:17:56 | 1 |
| Betz | Wolfgang | TV Sinn | 1947 | M70 | 1:23:12 | 1 |
| Schwarz | Helmut | TV Herborn | 1939 | M75 | 1:36:31 | 1 |
| Gidey Kahsah | Yibrah | ASC Breidenbach | 1993 | MHK | 0:52:09 | 1 |
| Simon | Paul | ASC Breidenbach | 1993 | MHK | 1:01:13 | 2 |
| Göhring | Paul | ASC Breidenbach | 1994 | MHK | 1:03:41 | 3 |
| Becker | Benjamin | STC Hommertshausen | 1989 | MHK | 1:38:30 | 4 |
| Kahn | Anne Christin | TuSpo Hörbach | 1981 | W35 | 1:19:49 | 1 |
| Niederhöfer | Melanie | | 1976 | W40 | 1:30:19 | 1 |
| Pfeiffer | Dorothea | TV Hartenrod | 1969 | W45 | 1:16:32 | 1 |
| Buran | Kerstin | TV Niederscheld | 1969 | W45 | 1:32:53 | 2 |
| Göbel | Claudia | LC Diabü Eschenburg | 1966 | W50 | 1:08:55 | 1 |
| Eisenlauer-Hopf | Ursula | SV Hundsangen | 1955 | W60 | 1:31:01 | 1 |
| Drobe | Sigrid | STC Hommertshausen | 1952 | W65 | 1:42:24 | 1 |
| Oster | Vanessa | TuS Deuz | 1996 | WHK | 1:11:16 | 1 |