

| StartNr | Name | Vorname | Verein | Jahrgang | M/W | AK | Aklasse | Zeit | Platz |
|---------|----------------|-------------|-------------------------------|----------|-----|----|---------|-------|-------|
| 671 | Schreiner | Kilian | ASC Breidenbach | 1993 | M | 20 | MHK | 23:39 | 1 |
| 672 | Göhring | Paul | ASC Breidenbach | 1994 | M | 20 | MHK | 25:33 | 2 |
| 632 | Wagner | Nils | TuS Naunheim | 1976 | M | 35 | M35 | 25:48 | 1 |
| 631 | Waldschmidt | Janek | ASC Ströher Dillenburg | 1994 | M | 20 | MHK | 27:08 | 3 |
| 619 | Kiefer | Sonja | ASC Breidenbach | 1988 | W | 25 | WHK | 28:45 | 1 |
| 685 | Jüngst-Dauber | Birgit | MSC Wommelshausen | 1967 | W | 45 | W45 | 30:41 | 1 |
| 618 | Theis | Thomas | Tuspo Hörbach | 1964 | M | 50 | M50 | 30:45 | 1 |
| 684 | Weimann | Thorsten | SV Wolfgruben-Wilhelmshütte | 1970 | M | 45 | M45 | 31:14 | 1 |
| 668 | Weigel | Laura | ASC Breidenbach | 2000 | W | 15 | WU16 | 31:20 | 1 |
| 669 | Weigel | Karsten | ASC Breidenbach | 1972 | M | 40 | M40 | 31:33 | 1 |
| 615 | Bernhardt | Martin | LT Schwarz Sechshelden | 1962 | M | 50 | M50 | 32:06 | 2 |
| 649 | Cyriax | Sophie | TV Wallau | 1980 | W | 35 | W35 | 32:38 | 1 |
| 655 | Nagel | Gaby | TSV Cappel | 1964 | W | 50 | W50 | 33:13 | 1 |
| 613 | Boller | Daniela | TV Herborn | 1971 | W | 40 | W40 | 33:59 | 1 |
| 670 | Simon | Jochen | ASC Breidenbach | 1960 | M | 55 | M55 | 34:21 | 1 |
| 617 | Schäfer | Wilhelm | LT Schwarz Sechshelden | 1956 | M | 55 | M55 | 34:46 | 2 |
| 616 | Müller | Kornelia | Fithochdrei Herborn | 1969 | W | 45 | W45 | 34:50 | 2 |
| 630 | Kern | Inga Simone | ASC Ströher Dillenburg | 1983 | W | 30 | W30 | 35:20 | 1 |
| 625 | Burbach | Holger | ASC Ströher Dillenburg | 1972 | M | 40 | M40 | 35:21 | 2 |
| 647 | Reichel | Andreas | | 1963 | M | 50 | M50 | 36:58 | 3 |
| 96 | Bleich-Potkowa | Martin | STC Hommertshausen | 1970 | M | 45 | M45 | 38:03 | 2 |
| 614 | Kahl | Sandra | Tuspo Hörbach | 1974 | W | 40 | W40 | 38:32 | 2 |
| 686 | Faulstich | Thorsten | Unified Laufgruppe Hinterland | 1981 | M | 30 | M30 | 39:26 | 1 |
| 680 | Günther | Renate | | 1964 | W | 50 | W50 | 39:41 | 2 |
| 624 | Burbach | Dina | LC Diabü Eschenburg | 2000 | W | 15 | WU16 | 41:28 | 2 |
| 626 | Burbach | Manuela | | 1967 | W | 45 | W45 | 41:32 | 3 |
| 638 | Brückmann | Jenny | TV Niederscheld | 1988 | W | 25 | WHK | 43:15 | 2 |
| 627 | Kabelka | Dieter | LG Dill | 1942 | M | 70 | M70 | 43:21 | 1 |
| 679 | Busch | Paul | SSV Hirzenhain | 1940 | M | 75 | M75 | 43:22 | 1 |
| 640 | Burk | Martin | FeG Achenbach | 1970 | M | 45 | M45 | 45:19 | 3 |
| 628 | Klingelhöfer | Christiane | Laufftreff Move and energy | 1963 | W | 50 | W50 | 55:42 | 3 |
| 629 | Klingelhöfer | Detlef | | 1960 | M | 55 | M55 | 55:43 | 3 |